



BRIAN DUFFY'S KENPO KARATE

Headquarters of the American Kenpo Federation

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Class Schedule

<http://www.akfkempo.com/nqstudio/classes.html>

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am						10:00am-11:00am <i>Kids All Ranks</i>	
11:00am						11:00am - 12:30am Adults All Ranks	
12:30pm						12:30pm - 1:30pm Adult Sparring Yellow and up (ages 13+)	
5:30pm			5:30pm - 6:15pm <i>Kids White Belts</i>		5:30pm - 6:15pm <i>Kids White Belts</i>		
6:15pm			6:15pm - 7:00pm <i>Kids Yellow & Up</i>		6:15pm - 7:00pm <i>Kids Yellow & Up</i>		
7:00pm	7:00pm - 8:30pm Adult Orange - Blue		7:00pm - 8:30pm Adult White & Yellow	7:00pm - 8:30pm Adult Orange - Blue	7:00pm - 8:30pm Adult White & Yellow		
8:00pm		7:00pm - 8:30pm Adult Orange - Blue Cont'd		7:00pm - 8:30pm Adult White & Yellow Cont'd	7:00pm - 8:30pm Adult Orange - Blue Cont'd	7:00pm - 8:30pm Adult White & Yellow Cont'd	
8:30pm		8:30pm - 9:30pm Adults & Children upon approval WEAPONS	8:30pm - 10:00pm Adult Green & Up Cont'd	8:30pm - 10:00pm Dr. Gary Ster, OMD Tai Chi/Internal Arts	8:30pm - 9:30pm Adult Sparring Yellow & Up		

Studio Holidays

The studio is closed and there are no classes on the following days of the year:
 New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and the Friday after, Christmas Eve and Christmas Day.